Rasor Summer Lunch Menu 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Nuggets/Roll Grilled Cheese Sandwich	Fiesta Nachos Nacho Grande	Orange Chicken/Rice Yogurt Combo	Chicken Pasta Alfredo/Breadstick Cheesy Bites	Cheese Pizza Pepperoni Pizza
June 3rd July 15th	Au Gratin Potatoes Peas and Carrots	Spanish Rice Refried Beans Seasoned Corn	Baked Sweet Potato Fries Steamed Broccoli	Glazed Baby Carrots Veggie Side Salad	Seasoned Wedges Carrots and Celery
	Apple Wedges	Peach Cup	Pineapple	Mandarin Oranges	Strawberry Cup
	Ketchup, BBQ, Ranch 1% Milk or Fat Free Chocolate	Salsa 1% Milk or Fat Free Chocolate	Ranch, Ketchup 1% Milk or Fat Free Chocolate	Ranch, Marinara 1% Milk or Fat Free Chocolate	Ketchup, Ranch 1% Milk or Fat Free Chocolate
Week 2 June 10th July 22nd	Hamburger/Cheeseburger Cheesy Bites	Yogurt Combo Teriyaki Chicken/Rice	Pizza Sticks Pasta & Meatballs with Marinara	Chicken Leg/Garlic Toast Grilled Cheese Sandwich	Cheese Pizza Pepperoni Pizza
	French Fries Baked Beans Lettuce, Tomato, Pickle Cup	Steamed Broccoli Waffle Sweet Potatoes Samosas	Green Beans Carrots and Celery	Mashed Potatoes Seasoned Corn Veggie Side Salad	Seasoned Wedges Sugar Snap Peas and Cherry Tomatoes
	Applesauce Cup	Pineapple	Fruit Cocktail	Pear Cup	Peaches
	Ketchup, Mustard, Marinara 1% Milk or Fat Free Chocolate	Ketchup, Ranch 1% Milk or Fat Free Chocolate	Marinara, Ranch 1% Milk or Fat Free Chocolate	Ketchup, Ranch, Pepper Gravy 1% Milk or Fat Free Chocolate	Ketchup 1% Milk or Fat Free Chocolate
Week 3	Steak Fingers/Roll Grilled Cheese Sandwich	Fiesta Nachos Nacho Grande	Shrimp Poppers/Garlic Toast Yogurt Combo	Chicken Nuggets/Breadstick Cheesy Bites	Cheesy French Bread Breaded Chicken Sandwich
June 17th July 29th	French Fries Steamed Broccoli Baby Carrots	Spanish Rice Refried Beans Seasoned Corn	Baked Sweet Potato Fries Veggie Side Salad	Mashed Potatoes Roasted Brussels Sprouts	Lettuce, Tomato, Pickle Cup Seasoned Corn
	Apple Wedges	Strawberry Cup	Mandarin Oranges	Peach Cup	Fruit Cocktail
	Ketchup, BBQ, Ranch 1% Milk or Fat Free Chocolate	Salsa 1% Milk or Fat Free Chocolate	Ketchup, Ranch 1% Milk or Fat Free Chocolate	Ketchup, BBQ, Marinara, Ranch, Pepper Gravy 1% Milk or Fat Free Chocolate	Ketchup, Mustard 1% Milk or Fat Free Chocolate

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint-filing-cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.